

# OHIO STATE UNIVERSITY EXTENSION

## News You Can Use

**Winter 2015**

<b>MONEY MANAGEMENT</b>	(614) 247-1983	COST:	FREE
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Learn how to create a budget, improve your about credit and correct errors on your credit report. Workshops are scheduled on Saturdays, **January 3 and 10, 2015** and **February 7 and 14, 2015** between the hours of 9:00AM – 1:00PM. Participants must attend both workshops in a given month.

<b>HOME BUYER EDUCATION</b>	(614) 247-1983	COST:	FREE
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OSU Extension offers HUD certified and City of Columbus approved HBE workshops for prospective home buyers, including individual counseling will be offered on Saturdays, **January 17 and 24, 2015 and March 7 and March 14, 2015** between the hours of 9:00AM-1:00PM. Participants will learn how to obtain, maintain and retain a home! Income eligible participants, who want to purchase a home in Columbus, Ohio, are eligible to apply for down payment and closing cost assistance (up to \$5,000.00).

<b>Grant Commons</b>	Market Rate Rentals	614-488-0672
<b>Grant Park</b>	Market Rate Homes for Sale	614-545-3686
<b>Single Family Homes</b>	Lease to Purchase Homes	614-227-0547
<b>Community Properties of Ohio</b>	Subsidized Rentals	614-253-0984
<b>Weinland Park Homeowner and Renter Assistance Program</b>		614-247-1983

<b>BUILDING ASSETS FOR FATHERS AND FAMILIES</b>	(614) 247-1983	COST:	FREE
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BAFF is a program designed to assist parents, especially fathers, who don't have custody of their children and are required by Franklin County courts to pay child support. Participants have an opportunity to take a Financial Literacy workshop, including one-on-one counseling. Upon successful completion of the program, participants have an opportunity to have their driver's license reinstated; review and adjustment of child support order, if necessary; access to employment, education and other programs, services and resources.

<b>MOMS-2B PROGRAM</b>	(614) 307-6709	COST:	FREE
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M2B is a weekly prenatal education program for pregnant women sponsored by Nationwide Children's Hospital and OSU Medical Center. Participants will learn how to have a healthy baby and pregnancy. Talk with health care professionals and enjoy a healthy meal once a week. M2B is held on various days, times and locations in the City of Columbus.

<b>HEALTH AND WELLNESS</b>	(614) 247-1983	COST:	\$3.00
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**Zumba Fitness** features exotic rhythms set to high energy Latin and international music. This community oriented dance class is offered **EVERY Saturday (10AM-11AM)** at Godman Guild. Women, men and children are welcome! First visit is free! No registration required!

<b>FOOD AND NUTRITION</b>	(614) 866 -6900	COST:	FREE
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**EFNEP (Expanded Food and Nutrition Education Program)** is a free nutrition education program offered for adults with children and youth with limited resources. Program assistants use interactive discussions and hands-on activities to guide participants through a series of meetings aimed at improving the total family diet and nutritional well-being. For information, please call and inquire.

<b>COMPUTER BASICS</b>	(614) 292-7196	<b>COST:</b>	<b>FREE</b>
<b>January 21 &amp; 28, 2015</b>	<b>10AM – 1PM</b>	<b>Cols Metro Library (Northside)</b>	<b>1423 N. High St., 43201</b>
<b>February 18 &amp; 25, 2015</b>	<b>10AM - 1PM</b>	<b>Cols Metro Library (Northside)</b>	<b>1423 N. High St., 43201</b>
Participants will learn about the computer, the internet, email and online job search basics. Upon successful completion, you will receive a Certificate of Completion for attending both workshops in a given month. There are a limited number of computers, so feel free to bring your own laptop computer.			
<b>BASIC INTERNET</b>	(614) 292-7196	<b>COST:</b>	<b>FREE</b>
<b>March 18 &amp; 25, 2015</b>	<b>10AM – 1PM</b>	<b>Cols Metro Library (Northside)</b>	<b>1423 N. High St., 43201</b>
This class offers participants a chance to become familiar with computer terminology; to learn about the physical parts of a computer; and to explore some of the functions and features of the Windows operating system. The class is a PowerPoint presentation with handouts. No computer experience necessary.			
<b>ADVANCE COMPUTER TRAINING</b>	(614) 292-7196	<b>COST:</b>	<b>\$30.00</b>
<b>EXCEL I</b>			
<b>January 3 &amp; 10, 2015</b>	<b>10AM-1PM</b>	<b>GGA-OSU Ext Learning Center</b>	<b>303 E.6<sup>th</sup> Ave. 43201</b>
In this introductory class to Excel, participants will explore Excel activities that go beyond the basic. After successful completion of this session, participants can expect to have the skills required to work efficiently in an existing worksheet and to also create new worksheets from a template and from scratch.			
<b>EXCEL II</b>			
<b>February 14 &amp; 21, 2015</b>	<b>10AM-1PM</b>	<b>GGA-OSU Ext Learning Center</b>	<b>303 E. 6<sup>th</sup> Ave. 43201</b>
In Excel I, you created, edited, formatted, and printed basic spreadsheets. You now have a need to streamline repetitive tasks and display spreadsheet data in more visually effective ways. In Excel II, you will use more of Excel's built-in functions to perform complex calculations. You will also create charts, use graphics, and data management skills in an Excel database.			
<b>RESUME WRITING</b>			
<b>March 7 &amp; 14, 2015</b>	<b>10AM-1PM</b>	<b>GGA – OSU Ext Learning Center</b>	<b>303 E. 6th Ave. 43201</b>
Finding employment can be challenging for anyone, but the job market can be especially tough for recent college graduates, people re-entering the workforce after time away, or someone who has been in a position for a long time. Competition is stiff and the market is filled with other strong job candidates, too. However, let OSU Extension help you increase your chances for getting a great job in the field you love. For almost everyone it starts with a resume. In this workshop, you will learn basic Microsoft Word skills and Resume templates to make your resume more appealing; save your resume in an Adobe Pdf format and learn how to upload it to various employment websites such as LinkedIn, Columbus Jobs, Ohio Means Jobs, Employment for Seniors and Indeed,			
<i>OSU Extension/CFAES provides research and related educational programs to clientele on a nondiscriminatory basis.</i>			
<i>For more information: <a href="http://go.osu.edu/cfaesdiversity">http://go.osu.edu/cfaesdiversity</a>.</i>			



**THE OHIO STATE UNIVERSITY**

COLLEGE OF FOOD, AGRICULTURAL,  
AND ENVIRONMENTAL SCIENCES

**OSU EXTENSION/COMMUNITY DEVELOPMENT-  
UNIVERSITY DISTRICT**  
175 E. SEVENTH ST., COLUMBUS, OH, 43201  
<http://extension.osu.edu>  
(614) 247-1983