



[What is RecoveryWorks?](#)

RecoveryWorks is a revolutionary approach to empower people. We promote self-directed recovery for the whole person through a very personalized approach enabled by technology resources. Recovery is achieved through nourishing every area of life and giving people tools to access the supports and training they need to achieve their goals.

[Who can enroll?](#)

This program is open to people living in Franklin County who are experiencing challenges with mental wellness or addictive behaviors who seek support for empowering their life's journey. Once registered, these individuals become Wellness Members in RecoveryWorks.

[Who do I contact for more information?](#)

Recovery Guides – COVA staff members who have personal experience with mental wellness or addictive behaviors – are available to offer assistance with support, guidance, or resource connections. Wellness Members are empowered to involve Recovery Guides as much, or as little, as they want.

[How do I contact a Recovery Guide?](#)

Kelli Shoupe – (614) 294-7117 ext. 261 - **direct** 291-0438
shoupek@southeastinc.com

Doc Hecker – (614) 294-7117 ext. 270 - **direct** 291-0427
heckerd@southeastinc.com

Jacque Trail – (614) 294-7117- ext. 259 - **direct** 291-0426
trailj@southeastinc.com

Kenneth Grace – (614)294-7117 ext. 290 - **direct** 291-0181
gracek@southeastinc.com

Jennifer Guthrie – Program Manager - 614-291-0616 guthriej@southeastinc.com

Mikia Tarver – Administrative Assistant – 614-291-0375 tarverm@southeastinc.com

www.MyRecoveryWorks.com