

Sun	Mon	Tues	Weds	Thur	Fri	Sat
Hours: Mon-Fri 10am-6pm Sat 12pm-5pm Daily Warmline(614) 358-8255 10pm-2am		"A September to Remember" Wolfe Park Saturday September 1st 5:00pm-8:00pm		September is Recovery Month "Wellness Warriors" Activities*		<u>1</u> Special Hours Today Only! 11-4:00 Super Saturday "A September to Remember" 5-8:00pm Wolfe Park
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East Broad Location open 9am-9pm	Closed East Broad Location open 9am-7pm	10:30 Wellness Conversations 12:00 Assertiveness Tips 1:00 "Walking Warriors" * 2:00 Anger Recovery 3:30 Healthy Relationships	Closed for the OEC Regional Conference	"Super Thursday" Drop-In Activities Only Socialization, Media Center, Arts & Crafts, Resource Center Games and Snacks	10:30 Wellness Conversations 12:00 Women's Recovery 1:00 InterACT 2:00 Anxiety Support 3:30 Dual Diagnosis	12-5:00 Super Saturday Socialization Fun & Games Movies & Snacks East Broad Location open 9am-9pm
<u>9 Grandparents Day</u>	<u>10</u>	<u>11</u>	<u>12</u>	<u>13</u>	<u>14</u>	<u>15</u>
East Broad Location open 9am-9pm	10:30 Wellness Conversations 12:00 Coping Skills 1:00 Bi-Polar Disorder Discussion 3:30 "Hooptime" *	10:30 Wellness Conversations 12:00 Recovery Stories 1:00 Wii Bowling/Dancing * 2:00 Handling Conflict 3:30 Communication Skills	10:30 Wellness Conversations 12:30 Resource Sharing 2:00 Employment Support Group 3:30 Alcohol & Other Drugs Support	10:30 Wellness Conversations 12:00 Arts & Crafts 1:00 Recovering in Comm. 2:00 Depression Support 3:30 BINGO	10:30 Wellness Conversations 12:00 Women's Recovery 1:00 InterACT 2:00 Schizophrenia Support 3:30 Relapse Prevention	12-5:00 Super Saturday Socialization Fun & Games Movies & Snacks East Broad Location open 9am-9pm
<u>16</u>	<u>17 National Wellness Week</u>	<u>18</u>	<u>19</u>	<u>20</u>	<u>21</u>	<u>22 First Day of Autumn</u>
East Broad Location open 9am-9pm	10:30 Wellness Conversations 12:00 Positive Thinking 1:00 Bi-Polar Disorder Discussion 2:00 Computer Skills 3:30 Men's Recovery	10:30 Wellness Conversations 12:00 Assertiveness Tips 1:00 "Walking Warriors" * 2:00 Anger Recovery 3:30 Healthy Relationships	10:30 Wellness Conversations 12:30 Resource Sharing 3:00 All -Associates Round Table Discussion 4:00 Birthday Bash	10:30 Wellness Conversations 12:00 Arts & Crafts 2:00 Grief & Loss 3:30 BINGO	10:30 Wellness Conversations 12:00 Women's Recovery 1:00 InterACT 2:00 Anxiety Support 3:30 Dual Diagnosis	12-5:00 Super Saturday Socialization Fun & Games Movies & Snacks East Broad Location open 9am-9pm
<u>23/30</u>	<u>24</u>	<u>25</u>	<u>26</u>	<u>27</u>	<u>28</u>	<u>29</u>
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