

# Your 2026 ThriveOn Incentive Overview

## Wellness *your* Way



Discover your  
“WHY”



# Your Health Deserves a Regular Check-In

Your health is a priority and so is your reason for protecting it. Whether it's being there for your family, feeling energized at work, or simply living life to the fullest, your "why" matters.

So... what's your why? Is it your family? Your next adventure? Your peace of mind? Whatever your "why" is, let it motivate you to take the next step to protecting your health (and earning incentives) all year long!

**Wellness Your Way** rewards you with over **\$1,000 in wellness incentives** for taking care of your health in a way that fits your lifestyle and goals.

## Who is eligible?

All employees (even those not enrolled on the health plan) and enrolled spouses/domestic partners can earn incentives by completing the activities outlined on the next page.

## Getting started

All programs and incentives are tracked online. To earn any incentives, you must be registered at **fccThriveOn.com**. Get started today by signing in or creating an account.

*Note:* Spouses/domestic partners must have their own account to earn incentives.

- + **Returning users:** Sign in with your username and password.
- + **New users:** Click "Create Account".
  - Enter your last name (up to 7 letters) followed by your birthday (in MMDDYYYY format). *Example:* If your last name is Anderson and your date of birth is May 21, 1980, you would enter Anderso05211980.
- + Download the Wellness at Your Side mobile app or use your computer to complete your wellness activities and track your progress.



Download the **Wellness at Your Side** mobile app from App Store or Google Play. Connection code: **ohwellness**



Privacy statement: Your privacy is important to us. ThriveOn, OhioHealth and WebMD comply with all federal and state privacy laws, rules and regulations to ensure your privacy is protected. Your personal information is only used as described in the privacy statements available on the ThriveOn mobile app, website and [franklincountyohio.gov/EEOCNotice](http://franklincountyohio.gov/EEOCNotice).

## What's your why?

Whether it's for your health, your family, or just feeling your best — your 'why' matters. Check out how Wellness Your Way has impacted fellow employees.



*"The only reason my husband gets his wellness check is for the requirement of the reduced deductible. Last year, thanks to this, the doctor found a lump on his thyroid which turned out to*

*be cancerous. We both credit the ThriveOn incentives for him even going to that appointment. It is so much more than monetary incentives when you see how important preventive care can be."*

*"ThriveOn is one of the major things I brag about to my friends who don't work for the county. It is such an amazing program that encourages you to focus on YOU in a world and job that is easy to get lost in. We all love being in public service, that's why we're here! But ThriveOn encourages us to take care of ourselves so we can take care of others."*



# Wellness *your* Way

## COMPLETE ONE INCENTIVE OR ALL INCENTIVES – YOU CHOOSE WHAT YOU EARN!

You must be registered and track all activities at [fccThriveOn.com](https://fccThriveOn.com) to earn incentives.



### COMPLETE THE ONLINE HEALTH ASSESSMENT AND ANNUAL PHYSICAL WITH A PCP

Earn: Deductible Reduction in 2027

Deadline: August 31, 2026

### COMPLETE A BIOMETRIC SCREENING

Earn: \$250

Deadline: December 31, 2026

**EMPLOYEE AND ENROLLED SPOUSE/DOMESTIC PARTNER MUST COMPLETE BOTH ACTIVITIES TO EARN THE DEDUCTIBLE REDUCTION.**

#### 1. Complete the Online Health Assessment.

- Log in to [fccThriveOn.com](https://fccThriveOn.com) and click “Health Assessment” to begin.

**AND**

#### 2. Complete an annual physical with a primary care provider.

- Exams from September 1, 2025 through August 31, 2026 are accepted.
- No forms needed to earn credit for your annual physical exam if enrolled in the health plan.

*EARN YOUR \$250 BIOMETRIC SCREENING INCENTIVE AT THE SAME TIME! Download the Biometric Screening form at [fccThriveOn.com](https://fccThriveOn.com) and take it with you to your annual physical. Follow the instructions to submit the form to earn credit and receive your \$250.*

You have three options to complete your biometric screening:

- AT WORK:** Biometric Screenings are offered at various work locations. Visit [fccThriveOn.com](https://fccThriveOn.com) to see availability and to schedule an appointment. No forms needed and results are automatically reported on your behalf.
- AT YOUR PHYSICIAN’S OFFICE:** Download the Biometric Screening form at [fccThriveOn.com](https://fccThriveOn.com) and take it with you to your appointment. It is the participant’s responsibility to ensure completed forms are submitted by the deadline.
- AT A WORKHEALTH LOCATION:** Download the Biometric Screening form at [fccThriveOn.com](https://fccThriveOn.com) and schedule an appointment at any OhioHealth WorkHealth location. Visit [OhioHealth.com/WorkHealth](https://OhioHealth.com/WorkHealth) to find a location near you. WorkHealth staff will submit the form on your behalf once your results are available.

### COMPLETE UP TO 4 WELL-BEING ACTIVITIES

Earn: Up to \$200 (\$50 per activity)

Deadline: December 31, 2026

### EARN GYM MEMBERSHIP REIMBURSEMENT

Earn: Up to \$150 per quarter (\$50 per month)

Deadline: Varies by quarter

Learn more about each activity at [fccThriveOn.com](https://fccThriveOn.com).

- + Complete activities on meQuilibrium (virtual).\*
- + Complete an Enrich financial assessment and course (virtual).\*
- + Complete an on-demand wellness workshop (virtual).\*
- + Complete 2 health coaching sessions (telephonic).\*
- + Complete a healthy lifestyle program (virtual).\*
- + Complete a quarterly challenge (portal).\*
- + Complete 2 visits with your UHC Health Engagement Nurses (telephonic).\*
- + Complete a Daily Habit plan and/or Side Quest (portal).\*
- + Get a mammogram, pap smear, and/or colonoscopy.\*
- + Get a flu and/or COVID-19 vaccine.\*
- + Participate in the Franklin County 5k.
- + Complete your routine dental/vision exams.\*
- + Create your own well-being activity (i.e. race/walk, volunteering, pet adoption).

\*Complete these activities up to two times each for a total of \$100.

Visit a gym or use your virtual membership and receive reimbursement for your membership costs. To qualify, you must provide documentation of both attendance and payment. One person per household eligible per month (except households with two employees). Eligible memberships include full-service gyms, boutique studios, personal training, virtual memberships, and more.

#### Reimbursement rates:

0-3 days per month - no reimbursement  
4-7 days per month - 50% of monthly cost, up to \$25/month  
8+ days per month - 100% of monthly cost, up to \$50/month

#### Reimbursement deadlines:

Q1 (January-March): **April 17, 2026**  
Q2 (April-June): **July 17, 2026**  
Q3 (July-September): **October 16, 2026**  
Q4 (October-December): **January 15, 2027**

Learn more at [gymreimbursement.franklincountyohio.gov](https://gymreimbursement.franklincountyohio.gov).





Scan the **QR code** with your phone camera or visit **fccThriveOn.com**

Log in today! **fccThriveOn.com**

Questions? Call **1 (888) 255-0162**  
TOLL FREE



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